

**SEPTEMBER
2016
JR HIGH**

			1 Baked Chicken Mashed Potatoes Sweet Carrots Peaches Chocolate Pudding Biscuit Choice of Milk	2 Pinto Beans & Sausage Steamed Rice Mustard Greens Pineapple Tidbits Cornbread Choice of Milk
5 *****HOLIDAY*****	6 Jambalaya Mashed Sweet Potatoes Green Beans Peaches Cornbread Choice of Milk	7 Chicken Pattie on Bun French Fries Tomato Sandwich Cup Fresh Orange Choice of Milk	8 Salisbury Steak Mashed Potatoes Carrots Stewed Apples Yeast Roll Choice of Milk	9 Beef Vegetable Soup Grilled Cheese Sandwich Green Leafy Salad Pineapple Tidbits Choice of Milk
12 Chicken Strips Macaroni & Cheese Green Beans Peaches Roll Choice of Milk	13 Chili Quick Baked Potato Broccoli/ Cheese Sauce Pineapple Tidbits Cornbread Choice of Milk	14 Burrito French Fries Salad Fruitsicle Choice of Milk	15 BBQ Pork Baked Beans WK Corn Mandarin Oranges Chocolate Chip Cookie Sub Bun	16 Taco Meat & Shell Salsa Mexican Beans Salad Pears Cinnamon Roll Choice of Milk
19 Hamburger On Bun French Fries Tomato Sandwich Cup Applesauce Brownie Choice of Milk	20 Meat Sauce & Spaghetti Mashed Sweet Potatoes Green Beans Pineapple Tidbits Garlic Bread Choice of Milk	21 Chicken Nuggets Baked Beans Carrot & Celery Sticks Fresh Apple Yeast Roll Choice of Milk	22 Gumbo Steamed Rice Salad Mixed Vegetables Mandarin Oranges Crackers Choice of milk	23 Steak Fingers Mashed Potatoes/ Gravy Steamed Broccoli Peaches Roll Choice of Milk
26 Hot Dog on Bun/ Chili Baked Beans Potato Rounds Pear Half Choice of Milk	27 Cheesy Spaghetti Green Beans Carrots Sticks Applesauce Garlic Bread Choice of Milk	28 Pizza/ Dipping Sauce WK Corn Salad Fresh Banana Choice of Milk	29 Baked Chicken Mashed Potatoes Sweet Carrots Peaches Chocolate Pudding Biscuit Choice of Milk	30 Pinto Beans & Sausage Steamed Rice Mustard Greens Pineapple Tidbits Cornbread Choice of Milk